

Wiltshire Farm Foods

*delicious meals to your door*

**FREE**  
DELIVERY

**NEW**  
IMPROVED  
RECIPES

# Caring for your needs

Enjoy our wide range of delicious and nutritious Soft & Puréed meals and desserts



## Soft & Puréed Range



Taste the  
flavour

Enjoy the  
choice

See the  
difference



## Why not try our weekly selection packs?

Unsure what to order? We've put together puréed and soft menu packs with a week's worth of our favourite meals and desserts to get you started.

7 puréed  
meals and  
7 desserts



7 soft meals  
and  
7 desserts



### Puréed Meals

Chicken & Gravy  
Chicken & Vegetable Casserole  
Beef & Gravy  
Beef Stew  
Sausages in Gravy  
Pork & Gravy  
Lamb & Gravy

### Desserts

Apple Pie & Custard  
Lemon Sponge & Lemon Sauce  
Rice Pudding  
Bakewell Sponge & Custard  
Eve's Pudding & Custard  
Chocolate Sponge & Vanilla Sauce  
Summer Fruits & Custard

### Soft Meals

Chicken in Rich Gravy  
Chicken & Vegetable Casserole  
Savoury Minced Beef  
Rich Beef Stew  
Sausages in Onion Gravy  
Pork Casserole  
Lamb Stew

### Desserts

Apple Pie & Custard  
Lemon Sponge & Lemon Sauce  
Rice Pudding  
Bakewell Sponge & Custard  
Eve's Pudding & Custard  
Chocolate Sponge & Vanilla Sauce  
Summer Fruits & Custard

All these delicious dishes delivered FREE to your door

See page 9 for details on how to order

# Introducing

our appetising new range



"Welcome to Wiltshire Farm Foods exciting new range of soft and puréed meals specially created for you. We've worked hard to develop a range of meals that are delicious, nutritious and appealing to the eye. So you can enjoy meals that look as good as they taste."

Phil Rimmer Head Chef

### Benefits of our new range include:

- A choice of over 50 tasty meals and desserts
- Meals designed for people who have Dysphagia and other difficulties associated with chewing and swallowing
- Meals suitable for category C and D dietary requirements
- Nutritious and balanced – developed with Healthcare Professionals
- Extensive choice, in terms of textures and dietary needs – such as gluten free, dairy free, moderate salt, vegetarian, reducing and customers with diabetes
- Visually appealing – puréed meals retain shape even after cooking

You can choose from traditional favourites like Beef Stew and Sausages in Gravy, to more adventurous dishes like Chicken Curry and Fish in Mornay Sauce. Dessert options range from favourites such as Apple Pie and Custard, to classics such as Rice Pudding.

You'll also be able to enjoy all the benefits of ordering meals from Wiltshire Farm Foods including our award-winning reliable service and customer care. So whether your need is short or long term, we're here to help you.



### FREE delivery across the UK

All our meals are delivered FREE to your door by our friendly delivery drivers – see page 8 for more details.

For more information visit the website or call our Customer Care Team free 24 hours a day, 7 days a week on:

0800 773 773

[www.wiltshirefarmfoods.com](http://www.wiltshirefarmfoods.com)



## Soft & Puréed Range

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### Our range covers these texture categories:

- C** Purées – Smooth and thick with a uniform consistency
- D** Soft – Moist foods requiring little chewing and some texture variation

Consult your dietitian or speech and language therapist if you are unsure which category is the most appropriate for you.

### Special diets

If you're following a special diet, just look out for the symbols:

- D** **Diabetic** – All of our soft and puréed main meals are suitable for people with diabetes.
- MS** **Moderate Salt** – All main meals contain 2g or less of salt and desserts less than 0.8g.
- GF** **Gluten Free** – These meals and desserts are free from wheat, rye, barley and oats.
- V** **Vegetarian** – Delicious alternatives to meat and fish.
- ED** **Energy Dense** – All meals provide at least 450 calories and 250 calories or more in desserts.

371 Chicken Curry  
with mashed potato and cauliflower



## Comforting classics

Our new range of puréed (category C) meals combine delicious flavours, nutritious ingredients and a natural, appetising appearance – all delivered frozen in convenient portions.



363 Beef & Gravy  
with mashed potato and peas

## Puréed meal selection (category C)

We're proud of our new selection of puréed meals which we've redeveloped to make them more flavourful, more nutritious and more visually appealing, so you can enjoy the taste and appearance of each element of the meal. With over 20 delicious meat, fish and vegetarian meals to choose from, you're sure to find plenty of great-tasting options.

**FREE**  
NATIONWIDE  
DELIVERY

372 Chicken & Gravy  
with mashed potato and broccoli  
455g  
D MS GF £4.25

373 Chicken & Vegetable Casserole  
with mashed potato,  
carrots and swede  
455g  
D MS GF £4.25

374 Chicken Supreme  
with mashed potato and carrots  
455g  
D MS ED £4.25

371 Chicken Curry  
with mashed potato and cauliflower  
455g  
D MS ED £4.25

363 Beef & Gravy  
with mashed potato and peas  
455g  
D MS GF ED £4.25

362 Beef Stew  
with mashed potato and parsnips  
455g  
D MS ED £4.25

360 Cottage Pie  
with peas  
430g  
D MS ED OVEN COOK ONLY £4.25

361 Potato Topped Steak Pie  
with carrots  
430g  
D MS ED OVEN COOK ONLY £4.25

377 Sausages in Gravy  
with mashed potato, carrots  
and swede  
455g  
D MS ED £4.25

376 Pork & Gravy  
with mashed potato and peas  
455g  
D MS GF ED £4.25

378 Pork & Apple Casserole  
with mashed potato and parsnips  
455g  
D MS GF ED £4.25

381 Lamb & Gravy  
with mashed potato and broccoli  
455g  
D MS GF ED £4.25

382 Lamb & Vegetable Casserole  
with mashed potato,  
carrots and swede  
455g  
D MS ED £4.25

383 Shepherds Pie  
with carrots  
430g  
D MS ED OVEN COOK ONLY £4.25

367 Fish in Creamy Sauce  
with mashed potato and carrots  
455g  
D MS £4.25

366 Fish Pie  
with peas  
430g  
D MS GF ED OVEN COOK ONLY £4.25

368 Salmon Supreme  
with mashed potato and broccoli  
455g  
D MS GF ED £4.25

390 Macaroni Cheese  
with mashed potato and peas  
455g  
D MS V ED £4.25

391 Cauliflower & Broccoli Bake  
in cheesy sauce with mashed potato,  
carrots and swede  
455g  
D MS V £4.25

392 Mediterranean Vegetable Pasta  
with mashed potato and peas  
455g  
D MS V ED £4.25

394 Vegetable Curry  
with mashed potato and parsnips  
455g  
D MS V £4.25

396 Omelette in Cheesy Sauce  
with mashed potato and baked beans  
455g  
D MS GF V ED £4.25

393 Cheesy Potato Pie  
with broccoli  
430g  
D MS V ED OVEN COOK ONLY £4.25

395 Vegetable & Bean Cottage Pie  
with carrots  
430g  
D MS V OVEN COOK ONLY £4.25



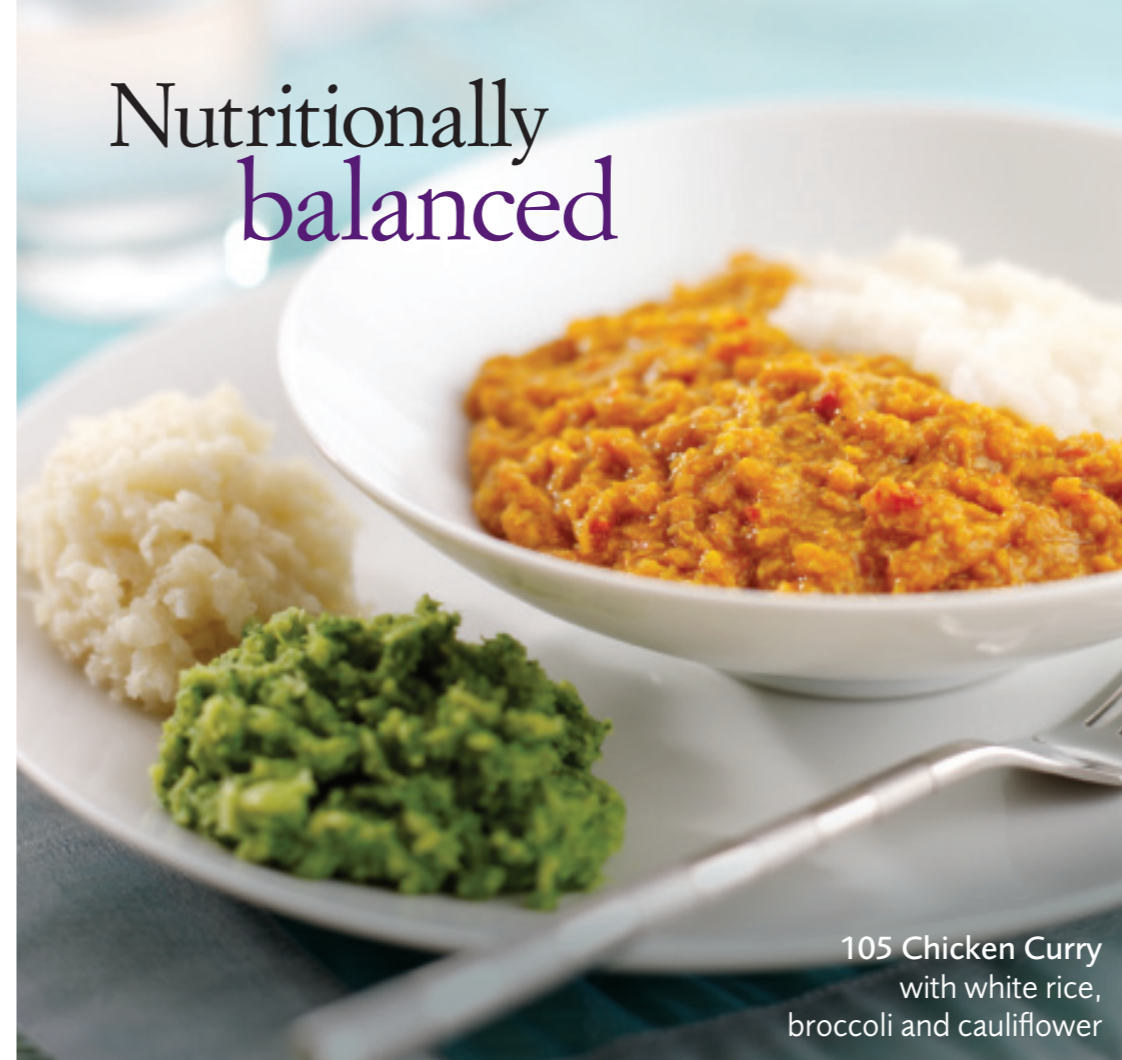
360 Cottage Pie  
with peas

# Soft meal selection (category D)

Our improved range of category D soft meals has plenty to savour – lots of flavour, colour and variation to make your meal times more enjoyable. All meals in the new soft range have been specially developed to look and taste delicious – so whatever your favourite, there's lots of tasty options to enjoy.



<p><b>106 Chicken in Rich Gravy</b> with mashed potato, carrots and swede 400g D MS GF ED <b>£3.45</b></p>	<p><b>101 Rich Beef Stew</b> with mashed potato, broccoli and cauliflower 400g D MS GF ED <b>£3.45</b></p>
<p><b>107 Chicken &amp; Vegetable Casserole</b> with mashed potato, carrots and sprouts 400g D MS GF ED <b>£3.45</b></p>	<p><b>100 Corned Beef Hash</b> with mashed potato, carrots and broccoli 400g D MS GF ED <b>£3.45</b></p>
<p><b>105 Chicken Curry</b> with white rice, broccoli and cauliflower 400g D MS GF ED <b>£3.45</b></p>	<p><b>109 Sausages in Onion Gravy</b> with parsley mashed potato, carrots and broccoli 400g D MS GF ED <b>£3.45</b></p>
<p><b>102 Savoury Minced Beef</b> with parsley mashed potato, carrots and sprouts 400g D MS GF ED <b>£3.45</b></p>	<p><b>108 Pork Casserole</b> with mashed potato, cauliflower and sprouts 400g D MS ED <b>£3.45</b></p>
<p><b>104 Salmon Supreme</b> with parsley mashed potato, carrots and broccoli</p>	<p><b>110 Liver &amp; Bacon Casserole</b> with mashed potato, carrots and swede 400g D MS ED <b>£3.45</b></p>
	<p><b>111 Lamb Stew</b> with parsley mashed potato, parsnips and sprouts 400g D MS ED <b>£3.45</b></p>
	<p><b>103 Fish in Mornay Sauce</b> with mashed potato, carrots and broccoli 400g D MS ED <b>£3.45</b></p>



## Nutritionally balanced

105 Chicken Curry with white rice, broccoli and cauliflower

"Maintaining your health and wellbeing is important, which is why as Wiltshire Farm Foods consultant dietitian, it's my job to ensure that whichever meals you choose, they're not only nutritious, but taste great too!"

Sue Baic  
Consultant Dietitian



<p><b>104 Salmon Supreme</b> with parsley mashed potato, carrots and broccoli 400g D MS ED <b>£3.45</b></p>	<p><b>115 Mediterranean Vegetables</b> with parsley mashed potato, parsnips and sprouts 400g D MS V ED <b>£3.45</b></p>
<p><b>112 Macaroni Cheese</b> with mashed potato, carrots, swede and broccoli 400g D MS V <b>£3.45</b></p>	<p><b>116 Vegetable Curry</b> with white rice, broccoli and cauliflower 400g D MS V ED <b>£3.45</b></p>
<p><b>113 Cauliflower &amp; Broccoli</b> in cheesy sauce with parsley mashed potato, carrots and swede 410g D MS V ED <b>£3.45</b></p>	<p><b>118 All Day Vegetarian Breakfast</b> with scrambled eggs, tomatoes, mushrooms and mashed potato 400g D MS GF V <b>£3.45</b></p>
<p><b>114 Vegetable &amp; Lentil Casserole</b> with parsley mashed potato, cauliflower and sprouts 400g D MS V ED <b>£3.45</b></p>	<p><b>117 Cheesy Potato Bake</b> with mashed potato, carrots and parsnips 400g D MS V <b>£3.45</b></p>

## Why not try our fortnightly selection packs?

We've put together a menu pack with two week's worth of our favourite meals and desserts

14 puréed meals and 14 desserts



14 soft meals and 14 desserts



### Puréed Meals

Chicken & Gravy  
Chicken & Vegetable Casserole  
Chicken Supreme  
Chicken Curry  
Beef & Gravy  
Beef Stew  
Sausages in Gravy  
Pork & Gravy  
Pork & Apple Casserole  
Lamb & Gravy  
Lamb & Vegetable Casserole  
Salmon Supreme  
Macaroni Cheese  
Cauliflower & Broccoli Bake

### Desserts

2x Apple Pie & Custard  
2x Lemon Sponge & Lemon Sauce  
2x Rice Pudding  
2x Bakewell Sponge & Custard  
2x Eve's Pudding & Custard  
Chocolate Sponge & Vanilla Sauce  
Summer Fruits & Custard  
Mixed Fruit Pie & Custard  
Sticky Toffee Pudding & Custard

### Soft Meals

Chicken in Rich Gravy  
Chicken & Vegetable Casserole  
Chicken Curry  
Savoury Minced Beef  
Rich Beef Stew  
Corned Beef Hash  
Sausages in Onion Gravy  
Pork Casserole  
Mediterranean Vegetables  
Liver & Bacon Casserole  
Lamb Stew  
Macaroni Cheese  
Cauliflower & Broccoli  
Vegetable & Lentil Casserole

### Desserts

2x Apple Pie & Custard  
2x Lemon Sponge & Lemon Sauce  
2x Rice Pudding  
2x Bakewell Sponge & Custard  
2x Eve's Pudding & Custard  
Chocolate Sponge & Vanilla Sauce  
Summer Fruits & Custard  
Mixed Fruit Pie & Custard  
Sticky Toffee Pudding & Custard

See page 9 for details on how to order

We've created all your old favourites in our range, as well as lots of flavour packed recipes from around the world.



153 Chocolate Sponge & Vanilla Sauce



Tempting favourites

A great-tasting dessert can make a meal taste really special – ours are packed with flavour for you to enjoy.



157 Mixed Fruit Pie & Custard

## Desserts (category C and D)

Our delicious range of desserts are all suitable for category C and D diets, with many different options to choose from including old favourites like Apple Pie and Sticky Toffee Pudding. Each dessert is layered so you can enjoy the distinctive individual flavours, so it's the perfect finish to any meal.



150 Bakewell Sponge & Custard 155g MS V	£1.00	157 Mixed Fruit Pie & Custard 155g MS V	£1.00
151 Eve's Pudding & Custard 155g MS V	£1.00	158 Apple Pie & Custard 155g MS V	£1.00
152 Lemon Sponge & Lemon Sauce 155g MS V ED	£1.00	159 Summer Fruits & Custard 160g MS V	£1.00
153 Chocolate Sponge & Vanilla Sauce 155g MS V	£1.00	154 Sticky Toffee Pudding & Custard 155g MS V ED	£1.00
155 Rice Pudding 155g MS GF V	£1.00		



Every year we receive hundreds of glowing testimonials from customers who regard their driver as a trusted and reliable friend.




363 Beef & Gravy with mashed potato and peas


## Ordering is easy



Simply note the 3-digit codes of the meals and desserts you would like, then order in one of the following ways:

- Phone**  Just pick up the phone and call our friendly staff. The number of your local Wiltshire Farm Foods is on the back of this brochure.
- Order form**  Complete the enclosed order form and either hand it to your delivery driver on their next visit, or post it to your local Wiltshire Farm Foods.
- Web**  If you have access to the internet, shop online at [www.wiltshirefarmfoods.com](http://www.wiltshirefarmfoods.com)

Once you've placed your order, we'll let you know which day of the week we deliver to your area, the approximate time you can expect us and the total value of your order.

**Payment**  You can pay by cash or cheque on delivery, or credit/debit card over the phone and through our secure website.

**Storing**  Our meals arrive frozen in sturdy compact trays that easily fit in your freezer and can be stored for several months.

**Cooking**  You can cook your meals in the microwave or in a conventional oven. Some of our meals are 'OVEN COOK ONLY' you'll see this symbol  next to the relevant dishes.

**IMPORTANT:** when microwave cooking puréed meals and desserts (category C) always adjust to **HALF POWER**.

All meals have individual cooking times and instructions on the label, so always read it carefully before cooking. If you have any questions don't hesitate to speak to your delivery driver, or contact us on the number below.

For more information visit the website or call our Customer Care Team free 24 hours a day, 7 days a week on:

**0800 773 773**  
[www.wiltshirefarmfoods.com](http://www.wiltshirefarmfoods.com)



392 Mediterranean Vegetable Pasta with mashed potato and peas



## Our customer service is second to none



"It's my job to deliver our meals but it's much more than that – it gives me a real sense of giving something back to our customers."

**Stephen Gent**  
Delivery Driver

Wherever you live in the UK, we deliver a friendly, FREE and reliable service nationwide.

Our delivery drivers are specially selected local people who genuinely care about their customers. Delivery is direct to your door and is absolutely free. If you wish, your driver will even pop the meals in the freezer for you and will be happy to talk you through the cooking and ordering process.

For your peace of mind, all our drivers are Criminal Records Bureau police checked, wear our company uniform and carry an official identity card.

### Our guarantee to you

All our meals are developed by our team of chefs and prepared to the very highest quality standards.

We take the greatest care in sourcing our ingredients and preparing our meals. So if you're not entirely satisfied with any dish, we'd like to know.

Please keep the lid from your meal or dessert (to help us identify it), and give your local outlet a call. They will replace the meal and provide you with another meal of your choice, with our compliments.

Alternatively you can email [feedback@wiltshirefarmfoods.com](mailto:feedback@wiltshirefarmfoods.com)





# Wiltshire Farm Foods

*delicious meals to your door*

Friendly  
**FREE delivery**  
available nationwide



Shop online at:  
[www.wiltshirefarmfoods.com](http://www.wiltshirefarmfoods.com)

Brochure request & customer care:  
Freephone 0800 773 773  
24 hours a day, 7 days a week

Head office:  
Wiltshire Farm Foods, apetito Ltd  
Canal Road, Trowbridge, Wiltshire, BA14 8RJ  
e-mail: [info@wiltshirefarmfoods.com](mailto:info@wiltshirefarmfoods.com)



To place your order contact:



Wiltshire Farm Foods is a trademark of apetito Ltd. Main cover photo: 363 Beef & Gravy with mashed potato and peas. We reserve the right to change our prices if there should be a change in the applicable rate of VAT. All items detailed in this brochure are subject to availability and may change periodically. Photographs indicate serving suggestions only. We source our ingredients from a wide range of approved suppliers in the UK and worldwide.



**Mixed Sources**  
Product group from well-managed  
forests and other controlled sources

Cert no. SGS-COC-003788  
[www.fsc.org](http://www.fsc.org)  
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