


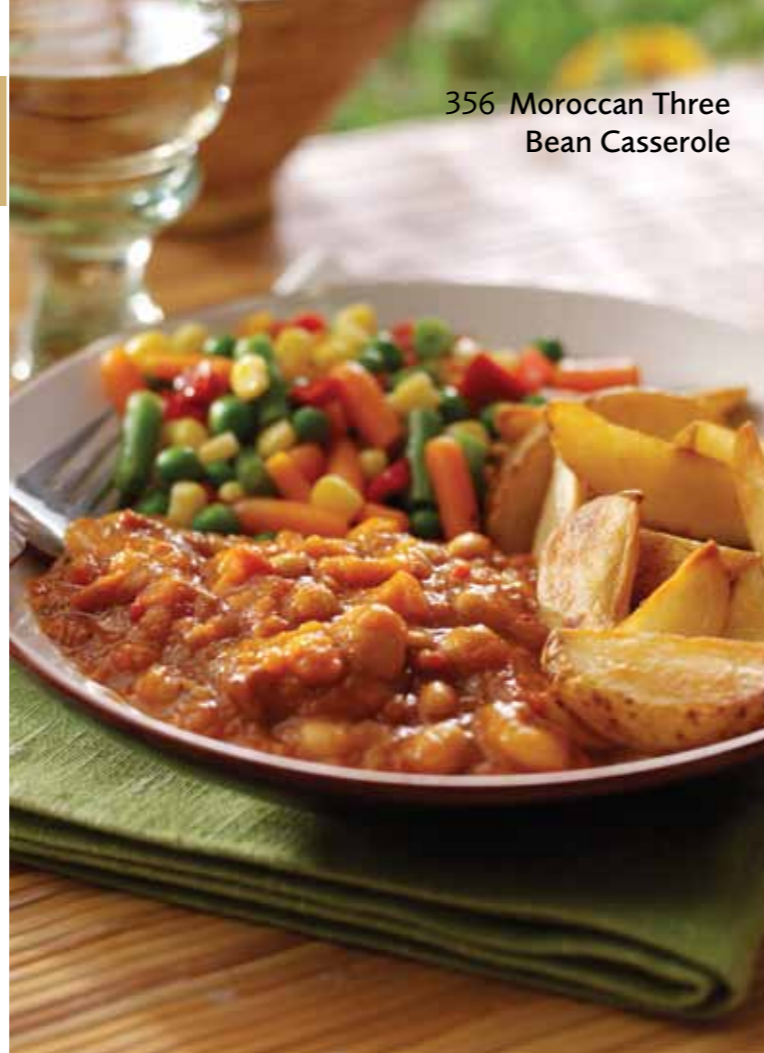
Vegan diets

Our range of vegan dishes provide a good source of vital nutrients such as protein and iron. Some of the meals in our Soft & Puréed range (page 5) are suitable for vegans too.

Vegan dishes

- 357 Cauliflower & Spinach Curry
- 356 Moroccan Three Bean Casserole
- 016 Tomato & Vegetable Soup
- 638 Vegetable Rice (side order)
- 657 Vegetable Selection (side order)
- 419 Fruit Cocktail*

Look out for our vegan symbol  throughout this guide.



356 Moroccan Three Bean Casserole

Free From Guide



If you have one or more ingredients you wish to exclude from your diet, this section is an 'at a glance' guide to the contents of every meal and dessert on the Wiltshire Farm Foods menu. We have listed 18 of the most common allergens and ingredients you may wish to exclude from your diet.

For example, if you follow a gluten free diet but prefer meals without mushrooms, simply choose the meals with ticks within the appropriate columns, indicating that they are 'free from' both ingredients.

Alternatively, see our website for an online dietary search (see page 3 for more information). Whatever your preference, Wiltshire Farm Foods has meals to match!

Simply look at the relevant column to see which meals are right for you

Code	Description	Milk Free	Cheese Free	Egg Free	Celery Free	Mustard Free	Nut Free [†]	Soya Free	Gluten Free	Yeast Free	Beef Free	Fish Free	Shellfish Free	Sulphites Free**	Tomato Free	Garlic Free	Onion Free	Mushroom Free	Alcohol Free
258	Chicken Thigh on the Bone	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Code	Description	Milk Free	Cheese Free	Egg Free	Celery Free	Mustard Free	Nut Free [†]	Soya Free	Gluten Free	Yeast Free	Beef Free	Fish Free	Shellfish Free	Sulphites Free**	Tomato Free	Garlic Free	Onion Free	Mushroom Free	Alcohol Free
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Chicken, Turkey & Duck

549	Roast Chicken Breast with Stuffing	✓	✓	✓	✓	✓	✓	✓				✓	✓	✓	✓				✓
259	Chicken & Vegetable Casserole	✓	✓	✓			✓	✓	✓			✓	✓	✓	✓				✓
725	Duck in Orange Sauce		✓			✓	✓	✓	✓		✓	✓	✓	✓	✓			✓	✓
692	NEW Chicken & Asparagus Bake		✓	✓			✓				✓	✓	✓	✓	✓			✓	✓
264	Chicken Curry with Rice		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓				✓	✓
257	Chicken Breast	✓	✓	✓		✓	✓	✓	✓			✓	✓	✓	✓	✓		✓	✓
263	Honey Mustard Chicken		✓	✓	✓		✓	✓			✓	✓	✓	✓	✓			✓	✓
548	Chicken & Dumpling Casserole		✓	✓	✓	✓	✓	✓				✓	✓	✓				✓	✓
265	Chicken in Tomato & Basil Sauce			✓		✓	✓	✓	✓			✓	✓					✓	✓
256	Chicken in Gravy		✓	✓		✓	✓	✓	✓			✓	✓	✓	✓	✓		✓	✓
689	Hunters Chicken Casserole			✓	✓	✓	✓	✓	✓		✓	✓	✓					✓	✓
270	Chicken in Red Wine Gravy	✓	✓	✓	✓	✓	✓	✓				✓	✓		✓			✓	✓
550	Roast Turkey with Gammon		✓	✓		✓	✓	✓			✓	✓	✓	✓	✓				✓
254	Sweet & Sour Chicken	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓				✓
755	Coq au Vin			✓	✓	✓	✓	✓				✓	✓		✓				✓
524	Chicken & Bacon Hotpot		✓	✓			✓	✓			✓	✓	✓	✓	✓			✓	✓
252	Chicken & Vegetable Pie		✓	✓		✓	✓	✓				✓	✓	✓	✓				✓
541	Lemon & Ginger Chicken		✓	✓	✓	✓	✓				✓	✓	✓		✓			✓	✓
273	Turkey with Stuffing	✓	✓	✓		✓	✓	✓				✓	✓	✓	✓			✓	✓
754	Roast Chicken with Caramelised Red Onions		✓	✓	✓	✓	✓	✓				✓	✓		✓				
253	Chicken & Root Vegetable Hotpot		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓			✓
546	Chicken Supreme		✓	✓		✓	✓	✓	✓			✓	✓	✓	✓	✓			✓
260	Chicken & Mushroom Pie		✓	✓		✓	✓	✓			✓	✓	✓	✓	✓				✓
250	Chicken Chasseur	✓	✓	✓		✓	✓	✓				✓	✓						✓
251	Chicken a la King		✓	✓		✓	✓	✓	✓		✓	✓	✓		✓			✓	✓
557	Country Chicken Pie			✓	✓		✓	✓			✓	✓	✓	✓	✓	✓		✓	✓
279	Chicken Breast in Cheese & Bacon Sauce			✓		✓	✓	✓	✓		✓	✓	✓	✓	✓			✓	✓
525	Braised Chicken with Lentils	✓	✓	✓	✓	✓	✓	✓				✓	✓	✓				✓	✓
258	Chicken Thigh on the Bone	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
266	Coronation Chicken		✓	✓	✓		✓	✓			✓	✓	✓	✓	✓			✓	✓

Do you have a nut allergy?

We appreciate that some people require products that are free from all traces of nuts, and that there are varying degrees of nut allergies. To help you avoid meals and desserts that definitely contain nuts or nut derivatives, we've listed these below. We've also added a red **N** symbol to these meals where they appear in the guide prior to this section.

Products containing nuts

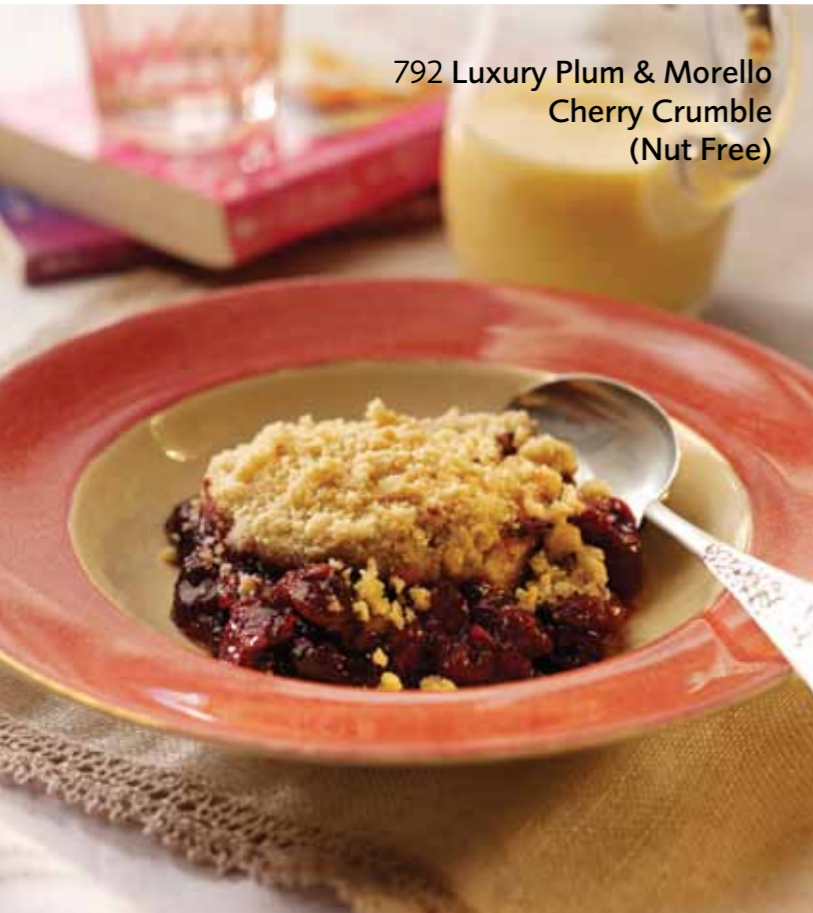
- 851 Bakewell Tart & Custard **N**
- 923 Date & Ginger Sponge & Custard* **N**
- 921 Carrot Cake & Custard* **N**
- 796 **NEW** Luxury Bakewell Tart **N**

Please note that, whilst we carefully separate products containing nuts from all other products, we cannot guarantee that our meals and desserts will not contain traces of nuts.

*Contains artificial sweetener

† May contain traces of nuts **Contains less than 10mg/kg

792 Luxury Plum & Morello Cherry Crumble (Nut Free)



Visit our website and see which meals are right for you:
www.wiltshirefarmfoods.com

Free From Guide



Code	Description	Milk Free	Cheese Free	Egg Free	Celery Free	Mustard Free	Nut Free [†]	Soya Free	Gluten Free	Yeast Free	Beef Free	Fish Free	Shellfish Free	Sulphites Free**	Tomato Free	Garlic Free	Onion Free	Mushroom Free	Alcohol Free
178	NEW Hearty Roast Chicken		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓				✓	✓
131	Hearty Cumberland Pinwheel Sausage		✓	✓			✓					✓	✓					✓	✓
175	Hearty Creamy Chicken Potato Topped Pie		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓				✓
123	Hearty Aberdeen Angus & Ale Pie	✓	✓	✓		✓	✓	✓				✓	✓	✓				✓	
170	Hearty Chicken & Vegetable Casserole		✓	✓			✓	✓	✓			✓	✓	✓					✓
122	Hearty Creamy Beef Curry		✓	✓			✓	✓				✓	✓	✓				✓	✓
190	Hearty Redcurrant & Rosemary Lamb Casserole	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓			✓	✓
121	Hearty Steak & Dorset Ale Hotpot		✓	✓		✓	✓	✓				✓	✓						
160	Hearty Minty Lamb Potato Pie		✓	✓		✓	✓	✓				✓	✓	✓					✓
140	Hearty Ocean Pie			✓		✓	✓	✓	✓		✓		✓	✓	✓		✓	✓	✓
120	Hearty Beef & Vegetable Stew		✓	✓			✓	✓	✓			✓	✓	✓					✓
192	Hearty Shrewsbury Mutton Hotpot	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓			✓	✓
130	Hearty Pork, Cider & Apple Casserole		✓	✓			✓	✓				✓	✓	✓				✓	✓

Select

620	Lamb Shank (on the bone)		✓	✓		✓	✓	✓				✓	✓					✓	
626	Beef & Chianti Lasagne			✓		✓	✓	✓				✓	✓					✓	
659	Roast Chicken with Apple & Brandy Sauce	✓	✓	✓		✓	✓	✓				✓	✓					✓	
621	Roast Breast of British Chicken		✓	✓		✓	✓	✓			✓	✓	✓		✓				
631	Moussaka		✓	✓		✓	✓	✓				✓	✓					✓	
656	West Country Cheddar Mash			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
634	Cauliflower & Broccoli Cheese			✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
638	Vegetable Rice	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
657	Vegetable Selection	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Mini Meals

057	Savoury Minced Beef Mini Meal	✓	✓	✓	✓	✓	✓	✓				✓	✓	✓				✓	✓
089	Chicken & Broccoli Bake Mini Meal		✓	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓
049	NEW Mutton & Rosemary Hotpot Mini Meal	✓	✓	✓		✓	✓	✓			✓	✓	✓	✓				✓	✓
050	Sliced Beef Mini Meal	✓	✓	✓		✓	✓	✓	✓			✓	✓	✓	✓	✓		✓	✓
072	NEW Winter Vegetable Hotpot Mini Meal			✓			✓	✓	✓		✓	✓	✓	✓	✓				✓
087	Beef & Dorset Ale Casserole Mini Meal		✓	✓			✓	✓				✓	✓	✓					
053	Chicken in Gravy Mini Meal	✓	✓	✓		✓	✓	✓	✓			✓	✓	✓	✓	✓		✓	✓
059	Sausages in Gravy Mini Meal	✓	✓	✓		✓	✓	✓				✓	✓	✓				✓	✓
063	Lamb's Liver & Bacon Casserole Mini Meal	✓	✓	✓		✓	✓	✓				✓	✓	✓		✓		✓	✓
058	Chicken & Vegetable Casserole Mini Meal	✓	✓	✓		✓	✓	✓			✓	✓	✓	✓					✓
074	Minced Beef & Potato Wedges Mini Meal	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓				✓	✓
054	Fish Mornay Mini Meal			✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
055	Chicken Curry Mini Meal		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓				✓	✓
056	Beef Stew Mini Meal	✓	✓	✓		✓	✓	✓	✓			✓	✓	✓		✓		✓	✓
064	Beef Hotpot Mini Meal	✓	✓	✓		✓	✓	✓	✓			✓	✓	✓		✓		✓	✓
088	Wiltshire Ham, Cheese & Potato Wedges Mini Meal			✓	✓	✓	✓	✓			✓	✓	✓	✓	✓				✓
020	Chunky Vegetable Soup		✓	✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓
016	Tomato & Vegetable Soup	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓				✓	✓

Breakfast

095	NEW Sausage, Beans & Omelette		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓	✓	✓
096	NEW Omelette & Beans		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓

575	All Day Breakfast		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓	✓	✓
022	NEW Porridge		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Afternoon Tea

780	NEW Chocolate Cake		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
781	NEW Victoria Sandwich		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
408	Strawberry Gateau		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
470	Black Forest Gateau		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
464	Mixed Fruit Gateau		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
495	Cream Tea for Two		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
417	Mixed Fruit Tarte		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
484	Custard Tarte		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓

Hot Desserts

800	Apple Pie & Custard		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
791	NEW Eve's Pudding		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
839	Apple & Blackberry Crumble & Custard		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
830	Rice Pudding		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
790	NEW Luxury Plum & Morello Cherry Crumble		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
819	Syrup Sponge & Custard		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
794	NEW Luxury Stem Ginger Pudding		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
851	Bakewell Tart & Custard		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
788	NEW West Country Bread & Butter Pudding		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
792	NEW Bramley Apple & Timperley Rhubarb Crumble		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
842	West Country Clotted Cream Rice Pudding		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
784	NEW Luxury Bramley Apple Pie		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
824	Lemon Sponge, Lemon Sauce & Custard		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
793	NEW Luxury Sticky Toffee Pudding		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
811	Apple Crumble & Custard		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
795	NEW Luxury Bramley Apple & Blackberry Pie		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
852	Spotted Dick & Custard		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
785	NEW Raspberry Jam Sponge		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
810	Rhubarb Crumble & Custard		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
823	Sultana Sponge & Custard		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
813	Raspberry & Apple Crumble & Custard		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
858	Bread & Butter Pudding & Custard		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
787	NEW Bramley Apple & Blackberry Crumble		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
802	Blackcurrant Pie & Custard		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
782	NEW Bramley Apple & Cinnamon Crumble		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
822	Jam Sponge & Custard		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
844	Blackberry Sponge & Custard		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
814	Apricot Crumble & Custard		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
786	NEW Golden Syrup Sponge		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
806	NEW Portion of Custard		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
825	Ginger Sponge & Custard		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
866	Sticky Toffee Pudding & Custard		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
783	NEW Lemon Sponge		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
855	Jam Roly Poly & Custard		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
796	NEW Luxury Bakewell Tart		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓
833	Semolina Pudding with Dutch Apple		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓

[†]May contain traces of nuts ^{**}Contains less than 10mg/kg

Free From Guide



Code	Description	Milk Free	Cheese Free	Egg Free	Celery Free	Mustard Free	Nut Free [†]	Soya Free	Gluten Free	Yeast Free	Beef Free	Fish Free	Shellfish Free	Sulphites Free**	Tomato Free	Garlic Free	Onion Free	Mushroom Free	Alcohol Free
789	NEW Luxury Gooseberry & Elderflower Crumble		✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
841	Stewed Apple & Rice		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
812	Plum Crumble & Custard		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
931	Rice Pudding		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
951	Apricot & Sultana Pudding & Custard		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
903	Cherry Pie & Custard		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
942	Baked Fruit Bread Pudding & Custard		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
923	Date & Ginger Sponge & Custard		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
900	Apple Pie & Custard		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
956	Apricot Pudding & Custard		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
941	Mixed Fruit & Custard		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
902	Rhubarb Pie & Custard		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
922	Banana Pudding & Custard		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
920	Date Sponge & Custard		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
905	Sultana Pie & Custard		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
933	Rice Pudding with Apple		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
921	Carrot Cake & Custard		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Cold Desserts

447	Strawberry Flavoured Ice Cream		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
421	Vanilla Flavour Ice Cream		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
456	Clotted Cream Ice Cream		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
446	Chocolate Ice Cream		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
413	Lemon Meringue Pie		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
440	Chocolate Profiteroles		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
419	Fruit Cocktail	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
487	Tiramisu				✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
435	Choc Ices (pack of 8)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
444	Italian Lemon Mousse		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
499	Strawberry Mousse		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
497	Chocolate Mousse		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
463	Luxury Crème Caramel		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
424	Strawberry Sundae		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
434	Caramel Sundae		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
468	Mixed Fruit Trifle		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
482	Coffee Dessert		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
471	Raspberry Trifle		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
480	Apricot & Peach Dessert		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
467	Strawberry Trifle		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
465	Strawberry Cheesecake			✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
466	Blackcurrant Cheesecake			✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Soft & Puréed

Puréed Hot Sandwiches & Cakes (category C)

034	NEW Hot Cheese Sandwich				✓		✓	✓		✓	✓	✓	✓	✓	✓			✓	✓
032	NEW Hot Bacon Sandwich		✓			✓	✓	✓		✓	✓	✓	✓	✓	✓			✓	✓
031	NEW Hot Tuna Sandwich				✓		✓			✓		✓	✓	✓	✓	✓		✓	✓
040	NEW Hot Chocolate Cake	✓	✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
041	NEW Hot Apple Cake	✓	✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Puréed Meals (category C)

372	Chicken & Gravy		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓				✓	✓
373	Chicken & Vegetable Casserole		✓	✓		✓	✓	✓	✓		✓	✓	✓	✓				✓	✓
374	Chicken Supreme		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓				✓	✓

Code	Description	Milk Free	Cheese Free	Egg Free	Celery Free	Mustard Free	Nut Free [†]	Soya Free	Gluten Free	Yeast Free	Beef Free	Fish Free	Shellfish Free	Sulphites Free**	Tomato Free	Garlic Free	Onion Free	Mushroom Free	Alcohol Free
371	Chicken Curry		✓	✓		✓	✓	✓			✓	✓	✓	✓				✓	✓
363	Beef & Gravy		✓	✓		✓	✓	✓	✓			✓	✓	✓				✓	✓
362	Beef Stew	✓	✓	✓		✓	✓	✓				✓	✓	✓				✓	✓
360	Cottage Pie	✓	✓	✓		✓	✓	✓				✓	✓	✓				✓	✓
361	Potato Topped Steak Pie		✓	✓		✓	✓	✓				✓	✓	✓				✓	✓
377	Sausages in Gravy		✓			✓	✓	✓				✓	✓	✓				✓	✓
376	Pork & Gravy		✓			✓	✓	✓	✓			✓	✓	✓				✓	✓
378	Pork & Apple Casserole		✓			✓	✓	✓	✓			✓	✓	✓			✓	✓	✓
381	Lamb & Gravy		✓	✓		✓	✓	✓	✓			✓	✓	✓				✓	✓
382	Lamb & Vegetable Casserole	✓	✓	✓		✓	✓	✓				✓	✓	✓				✓	✓
383	Shepherds Pie	✓	✓	✓		✓	✓	✓			✓	✓	✓	✓				✓	✓
367	Fish in Creamy Sauce		✓	✓		✓	✓	✓			✓		✓	✓	✓	✓		✓	✓
366	Fish Pie		✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓
368	Salmon Supreme		✓	✓		✓	✓	✓	✓		✓		✓	✓		✓		✓	✓
390	Macaroni Cheese						✓	✓		✓	✓	✓	✓	✓	✓			✓	✓
391	Cauliflower & Broccoli Bake with Light Cheese Sauce			✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓
392	Mediterranean Vegetable Pasta	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓				✓	✓
394	Vegetable Curry	✓	✓	✓		✓	✓	✓			✓	✓	✓	✓				✓	✓
396	Cheesy Omelette						✓		✓		✓	✓	✓	✓				✓	✓
393	Cheesy Potato Pie			✓			✓	✓			✓	✓	✓	✓	✓	✓		✓	✓
395	Vegetable & Bean Cottage Pie	✓	✓	✓		✓	✓	✓			✓	✓	✓	✓				✓	✓

Soft Meals (category D)

106	Chicken in Rich Gravy		✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓			✓	✓
107	Chicken & Vegetable Casserole		✓	✓		✓	✓	✓	✓		✓	✓	✓	✓	✓			✓	✓
105	Chicken Curry	✓	✓	✓		✓	✓	✓	✓		✓	✓	✓	✓				✓	✓
102	Savoury Minced Beef	✓	✓	✓		✓	✓	✓	✓			✓	✓	✓				✓	✓
101	Rich Beef Stew		✓	✓		✓	✓	✓	✓			✓	✓	✓				✓	✓
100	Corned Beef Hash		✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓
109	Sausages in Onion Gravy	✓	✓	✓		✓	✓	✓	✓			✓	✓	✓	✓	✓		✓	✓
108	Pork Casserole		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓		✓	✓
110	Liver & Bacon Casserole		✓	✓		✓	✓	✓				✓	✓	✓	✓	✓		✓	✓
111	Lamb Stew	✓	✓	✓		✓	✓	✓				✓	✓	✓	✓	✓		✓	✓
103	Fish in Mornay Sauce			✓	✓		✓	✓		✓	✓		✓	✓	✓	✓		✓	✓
104	Salmon Supreme		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓		✓	✓
112	Macaroni Cheese			✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓
113	Cauliflower & Broccoli in a Very Cheesy Sauce			✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓
114	Vegetable & Lentil Casserole	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓			✓	✓
115	Mediterranean Vegetables	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓			✓	✓
116	Vegetable Curry	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓			✓	✓
118	All Day Vegetarian Breakfast		✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓
117	Cheesy Potato Bake			✓	✓		✓	✓			✓	✓	✓	✓	✓	✓		✓	✓

Puréed Hot Desserts (category C and D)

150	Bakewell Sponge & Custard		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓
151	Eve's Pudding & Custard		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓
152	Lemon Sponge & Lemon Sauce		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓
153	Chocolate Sponge & Vanilla Sauce		✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓
155	Rice Pudding																		