



# Fish



563

### Plaice in Breadcrumbs

Delicious plaice fillet in golden breadcrumbs, served with boiled potatoes and peas. Another best seller. 380g

£4.30



318

### Salmon & Broccoli Supreme

Flaky salmon with broccoli florets in a delicious sauce with peas, carrots, and mash – one of our most popular great value meals. 370g

£2.95

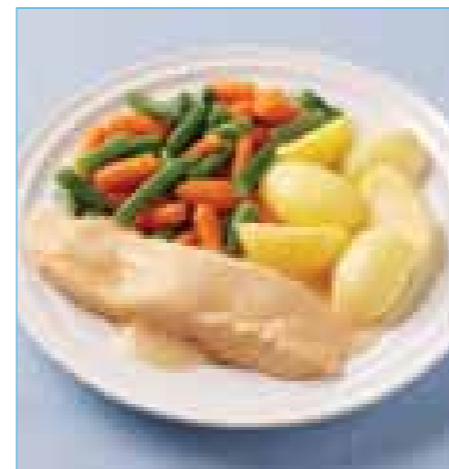


304

### Breaded Fish & Chips

A classic combination of breaded white fish, chips and peas. 305g

£2.95



566

### Salmon Fillet in Seafood Sauce

A real treat – fillet of salmon in a delicious seafood sauce with boiled potatoes, carrots and green beans. 400g

£4.70



568

### Cod Fillet with Mornay Sauce

One for cheese lovers – cod fillet in a tangy cheesy sauce, topped with grated red cheddar and served with boiled potatoes, broccoli and cauliflower. 400g

£4.20



312

### Fishermans Pie

A heart-warming pie of smoked haddock and white fish, topped with mashed potato and served with carrots and peas. 405g

£2.95





**691**  
**Breaded Cod with Minted Mushy Peas**  
 A flaky portion of cod coated in golden breadcrumbs, served with minted mushy peas and herby diced potatoes.  
 325g

**£3.55** D MS



**565**  
**Cod in Parsley Sauce**  
 Delicate, flaky cod in a creamy parsley sauce served with boiled potatoes, baby carrots and peas.  
 370g

**£4.20** D LF R MS



**769**  
**Smoked Haddock with Welsh Rarebit**  
 Full-flavoured smoked haddock with a spicy cheese topping, served with potato croquettes, green beans and broccoli.  
 380g

**£5.00** D



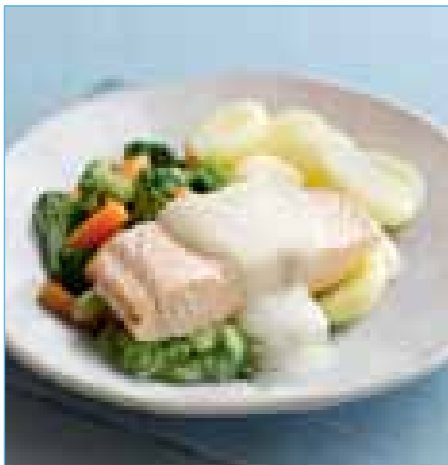
**314**  
**Fish in Parsley Sauce**  
 A perfect piece of white fish in parsley sauce, with mashed potato, green beans and carrots.  
 370g

**£2.95** D LF R MS



**313**  
**Fish in Butter Sauce**  
 A simple butter sauce complements the subtle flavours of the fish. Served with parsley boiled potatoes, mixed diced swede, peas and courgettes.  
 360g

**£2.95** D LF R MS GF



**741**  
**Salmon Fillet in Mint Butter Sauce**  
 A stunning salmon fillet with a refreshing mint butter sauce, finished with boiled potatoes, carrots, broccoli and pea purée.  
 435g

**£5.00** D MS



**570**  
**Plaice Fillet with Spinach & Cheese**  
 Delicate plaice fillet topped with Cheddar cheese on a bed of nutritious spinach, served with mashed potato, peas and carrots.  
 410g

**£4.15** D MS GF



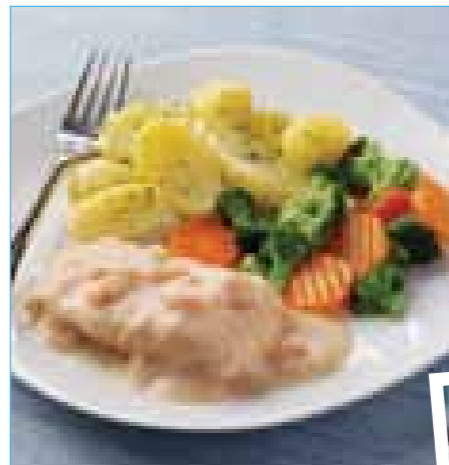
**660**  
**Hake in Lemon Sauce**  
 A zesty lemon sauce brings out the best in tasty hake, combined with roast and mashed potatoes, sugar snap peas and carrots.  
 340g

**£3.70** D LF R MS



**564**  
**Smoked Haddock in Cheese & Chive Sauce**  
 A delicious piece of smoked haddock in a rich cheese and chive sauce with boiled potatoes, broccoli and carrots.  
 410g

**£4.65** D LF



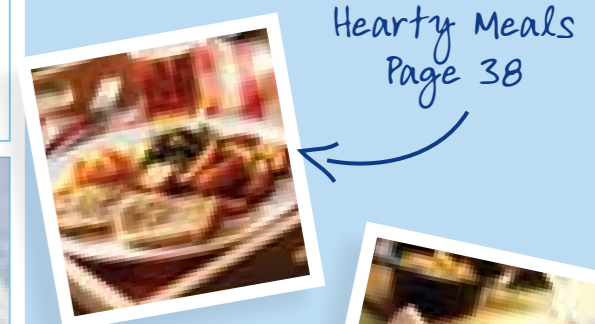
**732**  
**Fillet of Trout with Prawns**  
 For something really special, treat yourself to our magnificent fillet of trout, served with juicy prawns in a seafood sauce, parsley potatoes, broccoli and fluted carrots.  
 390g

**£5.20** D LF R MS

You'll always find something to hit the spot!

Finding just the right thing to eat has never been easier, now that we've extended our menu to include breakfasts, evening meals and everything in between!

You'll discover Hearty Meals for when hunger really strikes, Mini Meals for when you fancy something a little lighter, cream teas, ice creams, and a whole host of tempting recipes we know you'll love.



Hearty Meals Page 38



Mini Meals Page 4-6



Afternoon Tea Page 52

Fancy something different? **new**

Look out for our delicious new products wherever you see this symbol.