

new

692 Chicken & Asparagus Bake
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Chicken, Turkey & Duck



549

Roast Chicken Breast with Stuffing

Plump chicken breast in gravy with sage and onion stuffing, roast potatoes, carrots and sprouts. A top seller. 390g

£3.95

D LF
R MS



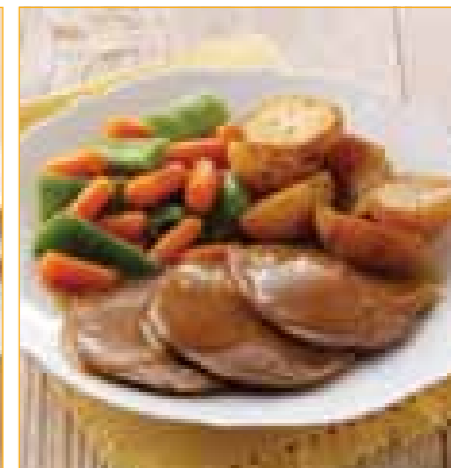
259

Chicken & Vegetable Casserole

Chunks of chicken and vegetables in a full-flavoured sauce with herby diced potatoes, carrots and green beans. 340g

£2.95

D LF
R MS GF



725

Duck in Orange Sauce

Slices of tender duck breast in a sweet and tangy orange sauce served with parsley roast potatoes, carrot tips and Romano beans. 365g

£4.95

D LF
R MS GF



692

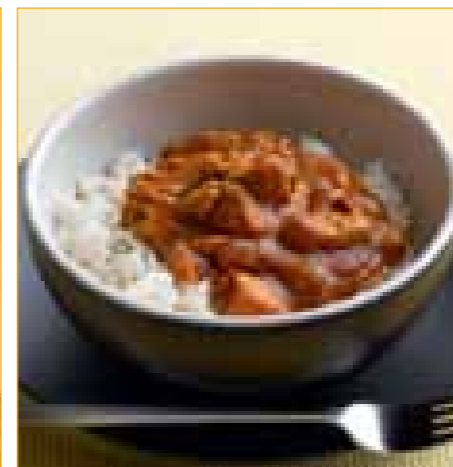
new

Chicken & Asparagus Bake

Tender pieces of chicken fillet with asparagus, peas and baton carrots in a savoury chicken sauce, topped with diced sauté potatoes. 400g

£3.95

D



264

Chicken Curry with Rice

A mildly-spiced, full-flavoured curry served with white, long grain rice. 360g

£2.95

D LF
MS GF



257

Chicken Breast

Roasted chicken breast with gravy, parsley boiled potatoes, mixed diced swede, carrots and green beans. 350g

£3.10

D LF
R MS GF



689 Hunters
Chicken Casserole
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256

Chicken in Gravy

Succulent chicken pieces in gravy with mashed potato, green beans, peas, carrots and sweetcorn.
350g

£2.95



689

Hunters Chicken Casserole

A tender chicken breast smothered in tasty tomato and bacon sauce. Served with parsley boiled potatoes and a ratatouille of green beans, courgettes and peppers.
395g

£3.85



270

Chicken in Red Wine Gravy

Chicken in a rich red wine gravy with onions and mushrooms, complemented by roast potatoes, cauliflower and broccoli.
360g

£2.95



263

Honey Mustard Chicken

Chicken breast in a delicious honey mustard sauce, served with mashed potato, peas, carrots, sweetcorn and green beans.
395g

£2.95



548

Chicken & Dumpling Casserole

Tender pieces of chicken and vegetables in gravy, with two herb dumplings and a generous helping of spring onion mashed potato.
440g

£3.95



265

Chicken in Tomato & Basil Sauce

A tender chicken breast smothered in a rich chunky tomato and basil sauce, served with parsley boiled potatoes, peas, diced carrot and sweetcorn.
395g

£3.35



550

Roast Turkey with Gammon

Roast turkey breast and tasty gammon in gravy with stuffing, cauliflower, peas and plenty of spring onion mashed potato.
380g

£3.95



254

Sweet & Sour Chicken

Tuck into tasty chicken with hints of mango and ginger, served with rice, peas and red peppers.
390g

£2.95



Fancy a
bigger dinner?

"This season, we've created a Hearty Roast Chicken meal that is sure to be a great winter warmer," says Shiva Osborne, our Development Chef.

Turn to page 39 for details.





755

Coq au Vin

Tender chicken breast and bacon in a rich wine, mushroom and onion sauce with carrots, peas and potato gratin.
420g

£4.80



524

Chicken & Bacon Hotpot

Chicken and bacon in a tangy wholegrain mustard sauce, topped with sauté potatoes and served with peas, cauliflower and carrots.
410g

£3.10



252

Chicken & Vegetable Pie

Chicken and mixed vegetables in a flavoursome gravy, topped with shortcrust pastry and served with mashed potato, cauliflower, carrots and green beans.
440g

£2.75



1 why our customers love us!

Our drivers pride themselves on going out in all weathers, which means that they'll always try and get to you – no matter what the great British winter throws at them!

Our free nationwide delivery service goes the extra mile

You'll be thrilled to bits with our drivers, who are hand-picked local people who genuinely care about their customers.

For added peace of mind, every driver wears a company uniform, carries an official identity card, and has been CRB police-checked. It all adds up to a service you can trust – they'll even put your meals straight in the freezer for you, if that's what you want.



"The service is magnificent – in fact, it's more than that: it's astounding. They really do go out of their way to help, and even picked up a newspaper for me one day!"

Mr Tom Moran
Monmouth, Wales



541

Lemon & Ginger Chicken

Plump, juicy chicken fillet strips perfectly cooked with an exotic lemon, ginger, coconut and yoghurt sauce. Served with apricot rice.
440g

£4.95

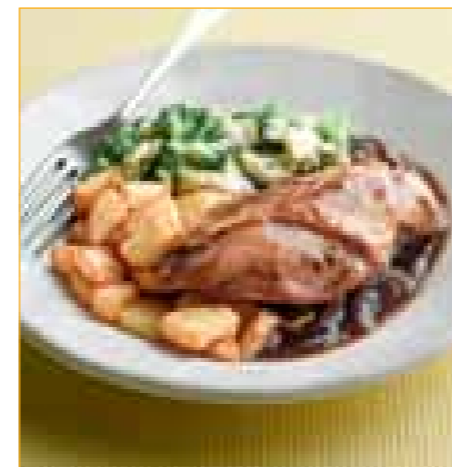


273

Turkey with Stuffing

Sliced honey roasted turkey in delicious gravy with sage and onion stuffing, roast and boiled potatoes, diced carrots and swede.
365g

£3.50



754

Roast Chicken with Caramelised Red Onions

Succulent chicken breast in a delicious red wine sauce, with caramelised red onions, diced potatoes, creamed cabbage and broccoli.
405g

£5.20



253

Chicken & Root Vegetable Hotpot

Tender chunks of chicken and winter vegetables in a tasty gravy, topped with sauté potatoes and served with green beans, peas, carrot tips and creamed cabbage.
420g

£3.25



546

Chicken Supreme

Supremely tasty chicken pieces and mushrooms in a creamy sauce served with parsley white rice.
410g

£3.90



creamy and satisfying



557

Country Chicken Pie

Chunky pieces of chicken in a leek and cheese sauce, topped with mashed potato and served with green beans and fluted carrots.

455g

£3.95

D LF



279

Chicken Breast in Cheese & Bacon Sauce

Juicy chicken breast in a tasty cheese and bacon sauce with boiled potatoes, peas and mashed carrot.

415g

£3.95

D GF



525

Braised Chicken with Lentils

Tender chicken breast in a tasty lentil sauce made with tomatoes, leeks, carrots and a hint of thyme. Complemented by parsley boiled potatoes, cauliflower and broccoli.

355g

£3.65

D LF
R MS



260

Chicken & Mushroom Pie

Tasty chicken and mushroom topped with shortcrust pastry, served with mashed potato, green beans, diced carrots and swede.

400g

£2.95

D MS



250

Chicken Chasseur

Chicken, mushrooms and white wine blend together in this dish served with diced potatoes and a medley of vegetables.

340g

£3.15

D LF
R MS



251

Chicken a la King

Succulent chicken in a creamy white wine and mixed pepper sauce served with parsley rice, broccoli and carrots.

380g

£2.95

D
MS GF



258

Chicken Thigh on the Bone

A golden brown chicken thigh, perfect with chips and peas.

350g

£3.15

D
MS GF



266

Coronation Chicken

Succulent chicken pieces in a mildly spiced creamy mango sauce. With parsley potatoes and a mix of peas, green beans, carrots and sweetcorn.

360g

£3.25

D
LF MS



Getting started couldn't be simpler

We've made it so easy to order any of these delicious meals. Just turn to page 73 for our step-by-step guide.